



Durham Rotary Club Bulletin

August 20, 2007

2007-2008 RI Theme

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The mission of Rotary International is to support its member clubs in fulfilling the Object of Rotary by:

- Fostering unity among member clubs;
- Strengthening and expanding Rotary around the world;
- Communicating worldwide the work of Rotary; and
- Providing a system of international administration

08/13/07 –

“Girls on the Run of the Triangle”

-- Kelly Hurter, Executive Director



Kelly Hunter the Executive Director for Girls on the Run of the Triangle (GOTR) was introduced by Carver Weaver. Hunter expressed that the purpose of GOTR is to teach life skills through the use of walking and running. They use the power of running to change the way girls see themselves.

Hunter was introduced to GOTR in Chicago seven years ago while serving on a fundraising committee. In 2003, she joined the Triangle Chapters Board of Directors. The Club was urged to stand and to learn the GOTR cheer which involves saying 1-2-3 Superstars while jumping into a running pose with your arms raised and fingers pointing upwards.

The GOTR Mission is to educate and prepare girls aged 8-12 (3rd -5th grades) during a 12 week program utilizing running/walking as a tool. Their goal is to impart positive emotion to build mental and social development. It is an innovative health education and wellness program that uniquely combines training for a 3.1 mile, non-competitive run/walk event with life changing self-esteem enhancing lessons that encourage healthy habits and an active lifestyle. Girls learn to stretch themselves physically, mentally socially and emotionally and in the process equip themselves for a lifetime of self respect and healthy living. Girls who exercise have greater self-confidence, independence and leadership skills. Likewise, exercise has been shown to decrease the likelihood of risky behaviors, including eating disorders, smoking and depression. Finally, healthy girls are more likely to exercise.

The first Chapter of this National Organization was started in Charlotte, NC. The triangle Chapter, which serves Durham, Orange and Wake Counties, was the 22nd chapter. GOTR will be 8 years old in 2008 and has 150 chapters across the country. Currently GOTR utilizes YMCA's and elementary schools to hold sessions. Currently in Durham they have four programs at: Lakewood YMCA, Durham Academy, Trinity School and Southwest Elementary (NEW). There are 16 locations throughout the Triangle. 35% of the participants receive scholarships to participate and the cost ranges from \$125 to \$175 per girl. GOTR has a staff of three people and utilizes volunteers to serve as Coaches, Assistant Coaches and Running Buddies. They also need volunteers to help with fundraising, communications, program support committees.

The girls meet once or twice weekly for 12 weeks during the spring or fall. Sessions include running workouts and games that teach important life skills, such as teamwork, leadership, goal-setting, conflict resolution, effective listening and healthy decision making. At the end of the program, the girls participate in a 5K (3.1 mile) run/walk event as a final personal challenge. Hunter mentioned that some girls may be in tears during the run, but when they cross the finish line the tears have turned into smiles as they have persevered to enjoy the rewards of accomplishment.

... Respectfully submitted, Steed Rollins

~ ~ ~WELCOME ~ ~ ~



We readily welcome the presence and participation of the new members inducted at the August 13, 2007 meeting: **Roslyn 'Roz' Grace** (Transfer from Washington DC Club), Director Community Outreach – International Medical Corps - Classification: Public Relations-Communications sponsored by Susan Ross; and **Keith B. Artin**, Chief Operation Officer – TROSA, - Classification: Non-Profit Management sponsored by Ernie Roessler.

Argentina D-4810 GSE team leader & members sought

Rotarian Bart Cleary, Chair of our Outbound GSE Committee, is seeking an interested Rotarian Team Leader and four Non-Rotarian Team Members to go as our GSE Team to District 4810 in the heart of Argentina during the spring of 2008. District 4810 is in Rotary Zone 19 and is a very large district, involving half the province of Córdoba, and the entire provinces of La Rioja and Catamarca. The district has 50 Clubs. The capital city of the province of Córdoba is also called Córdoba, is the main city of the district and the second largest city in Argentina, with about 1,450,000 inhabitants. All clubs may participate by simply downloading the application and helping each candidate complete it. Return completed applications by September 15, 2007 to: Bart Cleary, 5620 Marian Lane, Oxford, NC 27565

THE 4-WAY TEST

Of the things we think, say or do:

1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOODWILL and BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned?

DRC PROGRAM CALENDAR

08/20 - Board Meeting – 11:30am

08/20 - Randy Lanou, Michele Myers
“Introduction to Building Green”

Introduction: Don Stanger

08/27 – David Beischer, Executive Director
The Fox Foundation

Introduction: Douglas Zinn

09/03 – No Rotary – *Holiday Observance*

09/10 – Miguel Rubiera, Executive Director

“Why Habitat for Humanity in Durham?”

09/17 – Board Meeting – 11:30am

09/17 – Professor Philip Meyer, UNC

“The Vanishing Newspaper – Saving Journalism in the Information Age

Introduction: Don Stanger

09/24 – Ted Conner

“Durham Economic Development Update”

Introduction: Cindy Keene

SERVICE SCHEDULE

	8/20	8/27
Musician:	Walter Shackelford	Walter Shackelford
Invocation:	Howard Clement	Abel Ekpunobi
S-a-A Report:	Sam Nichols	Sam Nichols
	Pam Higdon	Pam Higdon
Program Write-up:	Jay Zenner	



DRC Raffle - Supports the RI Foundation Programs and Projects

Voluntary Contribution: \$1/ticket; \$5/6 tickets

Proceeds: 1/2–RI Foundation; 1/2–Winner

8/13 Total Receipts: \$88.00

Winner: Shelly Weitz

The CART Fund – 8/13 Total Receipts: \$12.13

(Coins for Alzheimer's Research Trust)

August – Membership and Extension Monthwww.rotary.org

[From the Rotary International District 7710 Governor's Newsletter – August 2007]

Rotary classification system is key to maintaining vibrant cross-section of community's interests



What Paul Harris said –

“When it was thus made known to the world that Rotary was an ethical movement, the true significance of the classification system was realized as it had not been before. We had a piece of machinery of which at first, we had not foreseen what would be the ultimate use. Now we saw it – that the classified (person) of Rotary should be the interpreter of the ideal of service

above self, in business and the professions. We sought, thereupon, to widen our area in every direction, not only to get the largest number of members in each Club...but to get as many Clubs in the country as we could organize. We went ahead with Rotary organization, because we knew it was capable of doing something really for the good of the community.”

(Extract from the minutes of ‘History of Chicago Rotary Committee’ (April 16, 1931) quoted by PRIVP Frank Lamb in “The Meaning of Rotary”)

As we begin a new Rotary year our new President, Wilf Wilkinson, sees the Rotary movement in much the same terms as his predecessor did, decades before. Wilf emphasized that our Rotary movement is an ETHICAL movement during his address to the RI Convention in Salt Lake City in June. Business, Professional and Community leaders will be attracted to our movement because of our ethical values. Our classification system can and does allow Rotarians to become better leaders in business, the professions and community through our Four Way test, community service and through our ethical code.

Wilf notes that:

"Our commitment to vocational service has always been an important part of Rotary, too. And, through my presidential year in 2007-08, it will become even more important. Rotary, connects people who share these special values."

And if this teaches us anything, it teaches us that Rotarians care because Rotary Shares.

Service Opportunities

In addition to the nine RI structured programs, the RI Board has approved a Menu of Service Opportunities — a list of issues and concerns that clubs are encouraged to give priority to when developing a service project.

When selecting projects, clubs are encouraged to address community development issues that are most critical in their communities. Developing a project that focuses on more than one of the service opportunities, or utilizes resources available through the structured programs and the grants available through The Rotary Foundation are recommended. Consider the service opportunities as a starting point for your community service activities.

The service opportunities include:

- Children at Risk
- Health Care
- Literacy and Numeracy
- Poverty and Hunger
- Urban Concerns
- Disabled Persons
- International Understanding and Goodwill
- Population Issues
- Preserve Planet Earth

Rotarians climb Mt. Kilimanjaro to help African orphans

By Lisa Baker - Rotary International News - 20 August 2007

Photo courtesy of the Rotary Club of Coolamon



A group of seven Australian Rotarians will climb Mount Kilimanjaro on 23 August to raise money for African orphans living with AIDS, ascending 19,340 feet over several days to the highest peak in Tanzania, Africa.

The project, called Kili 28/8 was organized by the Rotary Club of Coolamon, N.S.W, Australia to raise AU\$100,000 for the 15 million orphans suffering from AIDS in Africa.

Two of the Rotarian climbers are from the Coolamon club, the five others are from neighboring clubs in Dubbo, Forbes, Griffith, Horsham, and Lockhart.

So far, the club has collected \$50,000 in donations. They hope a Matching Grant through The Rotary Foundation will provide the remaining \$50,000. *more . . . www.rotary.org*

★ Birthdays – August

04 Hank Hurd	21 Randy Kolls	29 John Rogers
06 Patrick Baker	21 Queron Smith	30 Carl Harris
10 Dale Stewart	22 Pete Dubose, Jr.	31 Seth Jernigan
11 Marcus Hobbs	27 Mitzi Viola	31 Carver Weaver
11 Troy Livingston	29 Roz Grace	
16 J. Page Wilson	29 Warren Pope	

SERGEANT-AT-ARMS REPORT - 8/13

Speakers: Kelly Hurter, Laurel & Suyana Ellzey

Guest of Member:

Mayer Ngomesia Arthur Rogers

August 13 – Attendance Report

Total Members	201
Active Number used for attendance	177
Members Present	77
Attendance	44.63%

Registration open for 2007 Rotary Day at the United Nations *RI News -- 9 August 2007*

Rotarians and their guests are invited to attend Rotary Day at the United Nations on **3 November** in New York City. The meeting, scheduled from 9:30 a.m. to 4:00 p.m. at UN Headquarters, will include presentations and panel discussions addressing key humanitarian issues such as water, health, literacy, and hunger.

Under the theme *Rotary and the United Nations: Sharing*, United Nations officials, representatives from key nongovernmental organizations (NGOs), and Rotary International leaders will all address the group. The event is sponsored by the Rotary International representatives to the United Nations in New York. For the fourth consecutive year, there also will be a separate youth program for high-school age students. For additional information, contact Brad Jenkins, RI Representative to the United Nations in New York at: bradjenkins@att.net or 908-766-4790.

Rotary International Calendar

August 2007 — *Membership and Extension Month*

September 2007 — *New Generations Month*

October 2007 — *Vocational Service Month*

November 2007 — *Rotary Foundation Month*

•5-11: World Interact Week

December 2007 — *Family Month*

2007-2008 RI & DISTRICT LEADERSHIP

RI President: Wilfrid J. Wilkinson
District 7710 Governor: Barry Phillips
ADG-Area 7: Karen E. McMahan

2007-2008 DRC OFFICERS

President: Toby Barfield
BarfieldT@usa.redcross.org
489-6541 (office)

President-Elect: Phil Hutchings, III
phil@hutchingscpas.com
493-1625 (office)

Secretary: Newman Aguiar
newman@nc.rr.com
201-1868 (office)

Treasurer: Kurt Preble
KPreble@VerityInvest.com
490-6717 (office)

Sergeant-at-Arms: Bill Stokes
william.a.stokes@smithbarney.com
490-7141 (office)

BOARD OF DIRECTORS

Past-President: Susan Ross 6/08

Tom Krakauer 6/08 Shelly Weitz 6/09
Jerry O’Keeffe 6/08 Marilyn Walls 6/09
Carolyn Titus 6/08 Connie Campanaro 6/09

Abe: Ekpunobi 6/10
Arthur Rogers 6/10
Bijoy Sahoo 6/10

Bernadette Jones, Executive Secretary

BjonesDurRotary@nc.rr.com

Phone/Fax: 493-2227

Club Website Masters:

Newman Aguiar, Club Secretary & Website Designer
Melissa Mills, Assistant – Weekly Update

